



## Living Water

*“Jesus is an ocean of love” Mother Eliswa.*

Is there really water that can change your life?

While speaking to the Samaritan woman at the well, Jesus says, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you *living water*" Jn.4/14.

Jesus used the metaphor of water to symbolize spiritual life and sustenance, primarily the Holy Spirit, which quenches spiritual thirst and provides eternal life. This living water is contrasted with stagnant water, signifying an abundant, flowing, and life-giving presence, similar to how water sustains life in the physical world.

On the final day of the Festival of Tabernacles, Jesus proclaims, "If anyone is thirsty, let him come to me and drink. Whoever believes in me, as the Scripture has said, streams of living water will flow from within him" John 7:37-39. The passage in John 7 connects this to the Holy Spirit, stating that this refers to the Spirit that those who believed in him would receive.

Water offers a rich and dynamic metaphor for human personality. From a tranquil pond to a raging river, the different states and movements of water can illustrate the full spectrum of human character. Water is the most important liquid on Earth.

We need water to be alive. We need Holy Spirit to know the very purpose of our life.

“As rivers and brooks spring from the ocean so also, all vocations are initiated by Jesus”. Mother Eliswa speaks these words out of her conviction that Jesus was the very source and summit of her life, her vocation. She was like a tree, planted by the rivers of water; righteous and deeply rooted in faith. Mother Eliswa says, “The best place for our meditation is to be in the heart of God”, “Our soul is a living tabernacle”, these words of wisdom are the fruits of being absorbed by the ‘living Water’ in her colloquy with the Lord at the well of her heart in the city of Prayer - captivated by the Holy Spirit she was able to reveal such spiritual truths to her sisters.



Polarity, universal solvent, cohesion and adhesion, mineral-rich and transparency are some of the qualities of water which is integrated in the spirituality of the Congregation of Teresian Carmelites as discerned and designed by Mother Eliswa the foundress.

With her openness to accept others as they are, she attracted many to His kingdom. She was able to adapt according to the need of the time. Beautiful example of it is the 2nd genesis of the Congregation at Verapoly. Without losing her peace of situation in the infancy phases of the premature death of her daughter Anna. limitations of others yet remain of virtues that she said, “our virtuous life



mind she could face any adverse Congregation such as the She was in capacity to dissolve the transparent. So rich in the practice spreads out like a meadow”.

Let our preparation for the Beatification of Mother Eliswa induce us to be rich in virtues, transparent in actions and oxygenated in attitude. “Living water flow, wipe away our sins, bring your healing to our hearts, let me live once again...” !

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