



Live by Choice

One way of looking at life is to see it as a daily series of choices. In fact, that's the healthiest and most venturesome way we can think of for starting each day. From the time we wake up in the morning until we go to bed at night, we're making choices. If we're not, then someone or something else is making them for us. We're free to alter the course of our lives any time we want.

At any given moment, we're free to choose what to think and what to do. God gave us a free will. No one can take it away from us. We can alter the course of our lives any time we want, because whatever we do, we do by choice. We can say we have to do things or that we're forced to, but the truth is that we do what we choose to do. It's a simple yet great discovery. Because once we realize that we do things by choice, we begin to accept greater responsibility for our own lives and to take more effective control over them. We're the results of our choices.

It wasn't our choice to be born into the world. And it's not our choice that someday we're going to die. However, the period in between, the one we call life, presents us with countless choices. There are some obvious ones due to the nature of our society. We can choose our lifestyles, faith, where to live, and what kind of music to listen to. But there are some other choices which, while less obvious, are far more important. We're either unaware of them or just don't give them much thought.

Yet, they're the choices that determine the quality of our lives.

Based on above mentioned opinions about choices in life let us consider the most important choices

Mother Eliswa Made in her life:-

- **She chose her character** - the type of persons she became. She allowed herself to be molded by the environment she was born and brought up. She became all that she was capable of.
- **She chose her values.** She decided for herself. She based her standards on what she knew to be right and good.
- **She chose how to treat other people.** She lifted them up. She was respectful, kind, and helpful.
- **She chose how to handle adversity.** She didn't allow herself to be crushed, to give up, and to feel sorry but choose to look for a source of strength within herself, to persevere, and to make the most out of what life dealt with her.
- **She chose how much she could learn.** It was a great opportunity for bettering herself. To grow with open-minded.
- **She chose what she could accomplish in life.** She chose her own direction and goals through self-disciplined and hard work.
- **She chose her belief system.** Her spiritual nature was an important dimension of life.
- **She chose her own purpose.** She searched for meaning in life, and then lived according to it.
- **She determined her attitude** regardless of circumstances. This is the most important choice she ever made because it affected everything she did in life.

Most of the time, we fail to exercise our choices because we're not aware of having them.

Let us chose the attitude of a tax collector and say with humility, 'God, be merciful to me a sinner'!

Sr. Leena etc

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